EXIIIBIT A

IN THE UNITED STATES DISTRICT COURT FOR THE MIDDLE DISTRICT OF ALABAMA NORTHERN DIVISION

UNITED STATES OF AMERICA,

Plaintiff,

V.

CR. NO.2:06 CR-148-WHA

BENJAMIN VAN BUREN,

Defendant.

WAIVER OF SPEEDY TRIAL RIGHTS

I, Benjamin Van Buren, defendant in the above styled case, do hereby waive my rights to a speedy trial as established in 18 U.S.C. 3161 et seq. I certify to the court that I am waiving these rights knowingly, voluntarily, and intelligently after receiving a full and complete explanation of my rights given to me by my attorney and,

WITH FULL KNOWLEDGE OF MY RIGHTS, I HEREBY EXPRESSLY WAIVE MY RIGHTS TO A SPEEDY TRIAL.

<u>/0-03-06</u> Date

Benjamin Van Buren

Defendant

Attorney for Defendant

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